

# $\ddagger$ Woodmead: Extended Route Ascent: 194m | Descent: 194m Terrain: Off-road 

## DIRECTIONS

1. Start at the Pool Pavilion
2. LEFT up the dirt track
3. RIGHT into the single track - follow the trail to the left

Make your way through three single track sections to your right
4. At the top of the dirt track turn LEFT and then immediately RIGHT
5. At the end of this single track section turn RIGHT
6. At the t-junction turn RIGHT
7. Immediately turn LEFT down Guinea Fowl Gully Slow down due to sharp bend in the trail \| Remember to remain on the trail and off of the golf course
8. Keep the fence on your right and make your way down the gully over the bridge and through the stone henge section
CAUTION: At the end of this section you will be exposed on the edge of the golf course, be aware of golfers, give golfers right of way, remain on the trail and make your way through blackjack backpack trail.
9. At the t-junction turn RIGHT
10. Follow the trail to the right and then turn LEFT
11. At the end of the houses on your left turn LEFT and then RIGHT through MARSH MADNESS During the rainy season, MARSH MADNESS may be closed in which case please cycle straight down the trail parallel to the residential houses
12. Cycle around the Dam
13. Turn LEFT down through the ROLLER COASTER
14. RIGHT cycling parallel down Bowling road
15. Cycle up and through the FORBIDDEN FOREST

Beware of fallen pine cones | Remain on the trail at all time and keep the parameter fence on your left-hand side
16. Cycling Down the FORBIDDEN FOREST make a LEFT and immediately RIGHT turn to complete the FORBIDDEN FOREST section. At the end of the Forbidden Forest section, you will pass behind the 17th tee box - GOLFERS have the right of way.
CAUTION: Bridge crossing
17. Once you reach the paved path, go RIGHT up MASH-UP

CAUTION: If you hear FOUR - move, a golf ball is heading your way
18. After the Golf Data workshop go RIGHT though the single track

Be aware you will be sharing this trail with walkers and runners
19. At the tar road turn RIGHT and then LEFT up the first path - keep the residential housing on your left
CAUTION: Runners/walkers of the 5 km will be making their way down this section of trail
20. At the 'main road' CAUTION - road crossing
21. After crossing over the road turn left onto the Jeep Track this will take you back to the extended trail split
CAUTION: Fellow cyclists may be ahead of you crossing over the road thereafter the dam section
22. Turn LEFT on $t$ the RED MTB route
23. Around the (sunset) dam

CAUTION: Small drop off after the dam section, follow the trail to the left
24. Cross over on to the single track
25. Over the Caddie path
26. Follow the RED arrows though these great single track sections
27. Turn LEFT back on to the first dirt track, go DOWN and return to the Pool Pavilion Parking

