



## **Woodmead: Extended Route**

Ascent: 194m | Descent: 194m

Terrain: Off-road

## **DIRECTIONS**

- 1. Start at the Pool Pavilion
- 2. LEFT up the dirt track
- 3. RIGHT into the single track follow the trail to the left Make your way through three single track sections to your right
- 4. At the top of the dirt track turn LEFT and then immediately RIGHT
- 5. At the end of this single track section turn RIGHT
- 6. At the t-junction turn RIGHT
- 7. Immediately turn LEFT down Guinea Fowl Gully Slow down due to sharp bend in the trail | Remember to remain on the trail and off of the golf course
- 8. Keep the fence on your right and make your way down the gully over the bridge and through the stone henge section

CAUTION: At the end of this section you will be exposed on the edge of the golf course, be aware of golfers, give golfers right of way, remain on the trail and make your way through blackjack backpack trail.

- 9. At the t-junction turn RIGHT
- 10. Follow the trail to the right and then turn LEFT
- 11. At the end of the houses on your left turn LEFT and then RIGHT through MARSH MADNESS

  During the rainy season, MARSH MADNESS may be closed in which case please cycle straight down the trail parallel to the residential houses
- 12. Cycle around the Dam
- 13. Turn LEFT down through the ROLLER COASTER
- 14. RIGHT cycling parallel down Bowling road
- 15. Cycle up and through the FORBIDDEN FOREST

  Beware of fallen pine cones | Remain on the trail at all time and keep the parameter fence on your left-hand side
- 16. Cycling Down the FORBIDDEN FOREST make a LEFT and immediately RIGHT turn to complete the FORBIDDEN FOREST section. At the end of the Forbidden Forest section, you will pass behind the 17th tee box GOLFERS have the right of way.

**CAUTION**: Bridge crossing

17. Once you reach the paved path, go RIGHT up MASH-UP

CAUTION: If you hear FOUR - move, a golf ball is heading your way

- 18. After the Golf Data workshop go RIGHT though the single track Be aware you will be sharing this trail with walkers and runners
- 19. At the tar road turn RIGHT and then LEFT up the first path keep the residential housing on your left

CAUTION: Runners/walkers of the 5km will be making their way down this section of trail

- 20. At the 'main road' CAUTION road crossing
- 21. After crossing over the road turn left onto the Jeep Track this will take you back to the extended trail split

CAUTION: Fellow cyclists may be ahead of you crossing over the road thereafter the dam section

- 22. Turn LEFT on t the RED MTB route
- 23. Around the (sunset) dam

CAUTION: Small drop off after the dam section, follow the trail to the left

- 24. Cross over on to the single track
- 25. Over the Caddie path
- 26. Follow the RED arrows though these great single track sections
- 27. Turn LEFT back on to the first dirt track, go DOWN and return to the Pool Pavilion Parking